

Diabetic Patient Guide

Freedom P&O is passionate about helping you, our patients, be the best advocates for your needs. We are here to empower you to get the care that you deserve. This form is meant to help patients with Diabetes who need footwear and orthotics know what to discuss while meeting with your Doctor. Effectively detailed documentation will, in turn, help our patients better meet insurance documentation requirements.

1. Make sure you are seen by the Doctor that treats your diabetes (it must be an MD or a DO, **NOT** a PA, DPM or NP). You have a 6 month period from when you get the Rx to receive the shoes/orthotics.
2. **Discuss your current Diabetic condition/s and what you're doing to maintain or improve it:**
 - Blood sugar testing
 - A1C
 - Diet or exercise restrictions
 - Current medications, supplies used
3. **Discuss your diabetic foot problems. Do you have any of the following conditions?**
 - History of partial or complete amputation of the foot?
 - History of previous foot ulceration?
 - History of pre-ulcerative callus?
 - Peripheral neuropathy **WITH** evidence of callus formation? (do you have **BOTH** peripheral neuropathy and callus formation?)
 - Foot deformity? Hammertoes, etc?
 - Poor circulation?
4. Discuss **how** the Diabetic shoes and/or orthotics will benefit your foot problems.
5. **Have the Doctor document EVERYTHING you have discussed on the Office visit notes.**
6. **The Doctor's office can either fax the Rx and office visit notes to our office or give you the paperwork.**